

*Dear Reader,*

*I am a believer in the attitude of gratitude, or in other words giving thanks for the many blessings in my life and to the many people who so effortlessly guide me along the journey. This particular venture could not have been possible without all of the feedback, support and love I have received. I would like to extend a special thank you to the following people:*

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*Eternally Grateful,*

*Emily Madill*

*\*Click here to read Emily Madill's Instructions for Living\**